

Breakfast Menu

KIEL HIGH School

SEPTEMBER 2024

Breakfast - \$2.25
ONLY Milk - \$.50



MONDAY

2

NO SCHOOL

TUESDAY

3

**NO
NUTRITION BREAK**

(Freshmen ONLY)

WEDNESDAY

4

BREAKFAST PIZZA

Apple Slices
Fruit Juice
Milk

THURSDAY

5

CINNAMON TOAST CRUNCH

BAR (filled)
Banana
Fruit Juice & Milk

FRIDAY

6

PANCAKES

Sausages
Strawberries
Fruit Juice & Milk



9

MINI CINNI
Orange Wedges
Fruit Juice
Milk

10

CHOCOLATE BREAD

String Cheese
Strawberries
Fruit Juice & Milk

11

CHERRY FRUDEL

Applesauce
Fruit Juice
Milk

12

FRENCH TOAST BITES

Banana
Fruit Juice
Milk

13

BREAKFAST TORNADOS

Apple Slices
Fruit Juice
Milk

16

MINI PANCAKE WRAPS

Strawberries
Fruit Juice
Milk

17

STRAWBERRY BAGELFUL

Craisins
Fruit Juice
Milk

18

DUTCH WAFFLE

Orange Wedges
Fruit Juice
Milk

19

BREAKFAST BAGELS

Apple Slices
Fruit Juice
Milk

20

FRUIT & YOGURT

PARFAIT w/Granola
Fruit Juice
Milk

23

**ULTIMATE BREAKFAST
ROUND**

Applesauce
Fruit Juice & Milk

24

APPLE FRUDEL

Strawberries
Fruit Juice
Milk

25

FRENCH TOAST STICKS

Sausages
Banana
Fruit Juice & Milk

26

LEMON BREAD

String Cheese
Orange Wedges
Fruit Juice & Milk

27

BREAKFAST PIZZA

Apple Slices
Fruit Juice
Milk

30

CHOCOLATE CRESCENT

Craisins
Fruit Juice
Milk



HIGH SCHOOL – Breakfast served after 1st block in the cafeteria