



SEPTEMBER 2024

ZIELANIS ELEMENTARY & MIDDLE SCHOOL
(MENU SUBJECT TO CHANGE WITHOUT NOTICE)

Lunch(*complete meal) Price =
Zielanis Elem = \$3.25
Middle School = \$3.40
ONLY Milk - \$.50

Monday

2
NO SCHOOL

9
BREAKFAST SANDWICH
or HAM & CHEESE SUB
Potato Emojis
California Blend
Pineapple & Peaches

16
SLOPPY JOE
or HAM & CHEESE SUB
Sun Chips
Green Beans
Applesauce & Peaches

23
CHICKEN ALFREDO
Pasta & Breadstick
or PB & JELLY UNCRUSTABLE
Broccoli
Peaches & Pineapple

30
HAMBURGER/BUN
CHICKEN PATTY / BUN
Baked Fries
Green Beans
Pears & Applesauce

Tuesday

3
HAMBURGER/BUN
or CHICKEN PATTY/BUN
Baked Fries
Green Beans
Pears & Applesauce

10
SOFT SHELL TACOS
or PB & JELLY UNCRUSTABLE
Refried Beans & Corn
Orange Wedges & Apple Slices

17
CHICKEN FAJITAS
or TURKEY & CHEESE SUB
Carrots
Apple Slices & Orange
Wedges

24
BOSCO PIZZA STICK
or TURKEY & CHEESE SUB
Baked Fries
Carrots
Side Kick & Strawberries

Wednesday

4
CHEESE PIZZA
or HAM & CHEESE SUB
Carrots
Banana & Grapes

11
HOT DOG / BUN
or HAM & CHEESE SUB
Baked Chips
Baked Beans
Cantaloupe & Banana

18
CHICKEN NUGGETS
or PB & JELLY UNCRUSTABLE
Baked Fries
Peas
Side Kick & Banana

25
CHICKEN & GRAVY
or CORN DOG (on a stick)
Mashed Potatoes
Green Beans
Applesauce & Banana

Thursday

5
CHICKEN NUGGETS
or CHEESE QUESADILLA
Mashed Potatoes
Corn
Orange Wedge & Strawberries

12
SPAGHETTI & MEATSAUCE
Garlic Breadstick
or TURKEY & CHEESE SUB
Green Beans
Pears & Applesauce

19
CHERRY BLOSSOM
CHICKEN & Rice
or HAM & CHEESE SUB
Stir Fry Vegetables
Pineapple & Strawberries

26
RAIDER NACHOS
Refried Beans
or TURKEY & CHEESE SUB
California Blend Veg
Orange Wedges & Pears

Friday

6
MINI CORN DOGS
or TURKEY & CHEESE SUB
Macaroni & Cheese
Peas
Side Kicks & Apple Slices

13
PB & JELLY UNCRUSTABLE
or FRENCH TOAST STICKS
Sausages
Carrots
Strawberries & Grapes

20
PIZZA DIPPERS
or BREAKFAST PIZZA
Corn
Grapes & Pears

Homecoming **27**
BIG DADDY'S PIZZA
or PB & JELLY UNCRUSTABLE
Peas
Apple Slices & Grapes
Ice Cream

KASD IS AN EQUAL OPPORTUNITY PROVIDER

2-Main Meal option offered daily . Students must choose 3 of the 5 food components with one being 1/2c fruit &/or vegetables. This is required to be considered a * COMPLETE MEAL
Garden Salad Bar Served daily Two choices of Milk offered

