

# Breakfast Menu

# Zielanis Elem - OCTOBER 2024 - Middle School

Breakfast - \$2.25  
ONLY Milk - \$.50

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1 **TEDDY GRAHAMS**  
Yogurt  
Pineapple  
Fruit Juice & Milk

2 **CHERRY FRUDEL**  
Banana  
Fruit Juice  
Milk

3 **MINI FRENCH TOAST**  
Strawberries  
Fruit Juice  
Milk

4 **CHOCOLATE BREAD**  
Craisins  
Fruit Juice  
Milk

7 **BLUEBERRY MUFFIN**  
String Cheese  
Strawberries  
Fruit Juice & Milk

8 **ULTIMATE BREAKFAST ROUND**  
Peaches  
Fruit Juice & Milk

9 **MINI CINNI**  
Pineapple  
Fruit Juice  
Milk

10 **MINI PANCAKES**  
Banana  
Fruit Juice  
Milk

11 **NO SCHOOL**

14 **DUNKIN STICKS**  
Applesauce  
Fruit Juice  
Milk

15 **BAGEL & CREAM CHEESE**  
Strawberries  
Fruit Juice  
Milk

16 **CHOCOLATE MUFFIN**  
String Cheese  
Craisins  
Fruit Juice & Milk

17 **CINNAMON TOAST CRUNCH BAR (filled)**  
Pineapple  
Fruit Juice & Milk

18 **APPLE FRUDEL**  
Peaches  
Fruit Juice  
Milk

21 **BANANA BREAD**  
Craisins  
Fruit Juice  
Milk

22 **APPLE CINNAMON ROUND**  
Peaches  
Fruit Juice & Milk

23 **CHOCOLATE CRESCENT**  
Pineapple  
Fruit Juice  
Milk

24 **STRAWBERRY BAGELFUL**  
Applesauce  
Fruit Juice  
Milk

25 **RICE KRISPIE TREAT**  
Yogurt  
Banana  
Fruit Juice & Milk

28 **BREAKFAST KIT**  
Applesauce  
Milk

29 **CHERRY FRUDEL**  
Craisins  
Fruit Juice  
Milk

30 **BANANA MUFFIN**  
Beef Stick  
Peaches  
Fruit Juice & Milk

31 **MINI CHOCOLATE DONUTS**  
Apple Slices  
Fruit Juice  
Milk



Middle School – Breakfast served before school daily – 7:30-8:00 am (CAFÉ OR OUTSIDE OF GYM)

Zielanis Elem School – Breakfast served before school daily-7:15-7:4 OR Breakfast served in classroom mid morning - must sign up with teacher