



OCTOBER 2024

KIEL HIGH SCHOOL

(menu subject to change without notice due to food product unavailability)

LUNCH *COMPLETE MEAL PRICE
HIGH SCHOOL = \$3.40
MILK ONLY = \$.50]

Monday

Tuesday

Wednesday

Thursday

Friday

BBQ RIB PATTY/BUN 1
Baked Fries
CHICKEN TENDERS - Fries
Green Beans
Side Kick & Banana

PERSONAL PAN PIZZA 2
or SOFT SHELL TACOS
Refried Beans
Corn
Grapes & Orange Wedges

GRILLED CHICKEN / BUN 3
Fries
MEATBALLS & GRAVY
Mashed Potatoes - Carrots
Pears & Apple Slices

LASAGNA ROLL-Breadstick
BREAKFAST SANDWICH
Hash Brown Patty
Peas
Strawberries & Pineapple

CHICKEN PATTY 7
Mashed Potatoes
CHEESE QUESADILLA
Carrots
Peaches & Pineapple

GENERAL TSO CHICKEN 8
Ramen Woodles
PIZZA DIPPERS
Stir Fry Vegetables
Strawberries & Oranges

HAMBURGER / BUN 9
Baked Fries
PIZZA CALZONE
Green Beans
Apple Slices & Banana

BAKED POTATO BAR 10
SPAGHETTI & MEATSAUCE
Garlic Breadstick
California Blend Veg
Pears & Side Kick

11
NO SCHOOL

HOT DOG/BUN 14
Macaroni & Cheese
EGG ROLLS - Cream Soup
Corn
Applesauce & Peaches

MEATBALL SUB - Chips 15
BBQ PULLED PORK / BUN
Ranch Wedges
Peas
Orange Wedges & Banana

SLOPPY JOES/BUN 16
Fries
CHICKEN NUGGETS-Fries
Carrots
Side Kick & Apple Slices

CHICKEN FAJITAS 17
PIZZA CASSEROLE
Garlic Toast
Green Beans
Strawberries & Pineapple

18
GRILLED CHEESE
Tomato Soup
FRENCH BREAD PIZZA
California Blend
Pears & Grapes

CHICKEN TENDERS-Fries 21
MEATLOAF
Mashed Potatoes
Carrots
Apple Slices & Side Kick

BREADED PORK CHOP 22
AuGratin Potatoes
FRENCH TOAST STICKS
Sausages Peas
Applesauce & Oranges

RAIDER NACHOS 23
Refried Beans
CHICKEN & GRAVY
Mashed Potatoes-Dinner Rolls
Corn - Pineapple & Grapes

24
BIG DADDY'S PIZZA
Green Beans
Pears & Banana

25
SHRIMP POPPERS-Fries
ORANGE CHICKEN - Rice
Stir Fry Vegetables
Strawberries & Pineapple

28
CHEESE PIZZA SLICE
GRILLED CHICKEN / BUN
Seasoned Rice
Peas
Orange Wedges & Side Kick

29
Large CORN DOG
Macaroni & Cheese
HAMBURGER/BUN - Fries
Green Beans
Banana & Apple Slices

30
CHICKEN ALFREDO
Pasta
PIZZA DIPPERS
Broccoli
Peaches & Applesauce

31
CHEESE QUESADILLA
CHICKEN PATTY
Mashed Potatoes
Carrots
Pears & Grapes

KASD IS AN EQUAL OPPORTUNITY PROVIDER

2-Main Meal options offered daily Student must choose 3 of te 5 food components with one being 1/2c fruit &/or vegetbles. This is required to be considered a *Complete Meal Garden Salad Bar Served Daily Two choices of Milk offered

A la Carte Snack items also available to purchase (positive balance in lunch account is required)

